MEADOWBROOK FARM CO-OP

Field-Fresh Harvest Boxes

Organic vegetables, orchard fruit and pasture eggs grown twelve miles outside town and harvested each Thursday morning.



2026 CSA Membership · meadowbrookcsa.org.uk

HOW CSA WORKS

Shared harvest, fair risk

Community Supported Agriculture connects households directly with our growers. Members pledge a seasonal share upfront, funding seeds, compost and living wages.

In return, you receive a weekly crate packed within **six hours of picking**, plus seasonal recipe sheets.

- Zero plastic packaging—returnable wooden crates
- Pause or donate your box when away on holiday
- Monthly member farm walks and harvest suppers

84p / £1

DIRECT TO FARM GROWERS

Every share stays in our local food shed rather than supermarket supply chains.

VISIT & COLLECTION

The Packing Barn

Collect directly from the farm gate or choose one of six neighbourhood drop-off hubs.

FARM GATE & CONTACT

Address Meadowbrook Farm, Hollow Lane, Frome BA11 5QE

Farm Shop Thu–Sat, 09:30 to 17:00

Phone 01373 482 195

Online meadowbrookcsa.org.uk

TOWN DROP-OFF HUBS

Thursday 16:00–19:30 at **Trinity Hall**, **Station Bakery**, and **Badcox Library**.

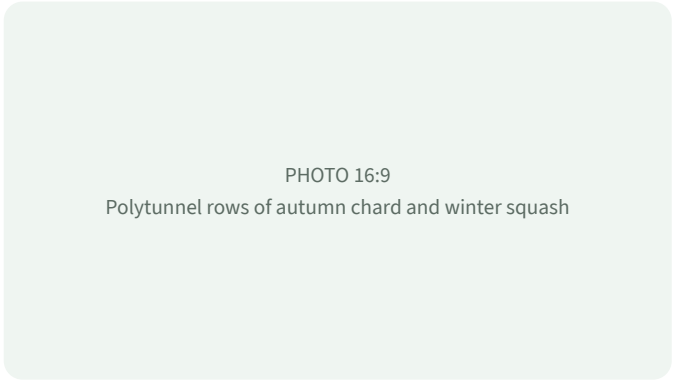
Soil Association Certified Organic · Co-op Reg. 31904R

01 · SOIL & SEED

No-dig market gardening

Across eighteen acres of sheltered river valley, we build fertile living soil using green manures, deep mulch and rotational grazing rather than synthetic inputs.

Head grower **Rosa Lindqvist** plants over sixty heritage varieties chosen for flavour rather than shelf life.



“Our Thursday crate changed how we cook—the carrots still have soil on them and taste sweet enough to eat raw.”

Callum & Priya Shaw, Frome

02 · THROUGH THE YEAR

What fills your crate

Every weekly box balances staple roots and potatoes with delicate seasonal greens and herbs.

- **Spring & Summer** Asparagus, broad beans, heritage tomatoes, strawberries and basil.
- **Autumn** Crown Prince squash, sweetcorn, Cavolo Nero, orchard apples and leeks.
- **Winter** Purple sprouting broccoli, parsnips, celeriac, chicory and stored potatoes.

Weekly add-on shares

Pasture Eggs (+£3.80) Half-dozen organic golden-yolk eggs from our mobile hen flocks.

Country Sourdough (+£4.20) Stoneground heritage wheat loaf baked by Grain & Hearth.

Orchard Fruit (+£5.50) Seasonal apples, pears, plums and soft berries.

03 · SHARE SIZES

Choose your weekly box

Billed monthly by standing order with four weeks’ notice to change size.

Box size & contents	Weekly
Solo · 6 varieties (1–2 people)	£13.50
Standard · 8 varieties (2–3 people)	£18.50
Family · 11 varieties (4+ people)	£25.00
Solidarity Share · Subsidised rate	£10.00

JOIN THIS SEASON

Try a two-week taster box with no long-term commitment before signing up for the full season.

Reserve your share at **meadowbrookcsa.org.uk/join**